

Clarkstown Capitals Spring Coaches' Clinics

"Train with the Caps"

- 10 INTENSE weekly practices running from mid-April to end-June
 - Hone your skills in the off-season
 - Develop the skills to be ready for the next level
- Conducted by Clarkstown Capitals Coaching Staff
 - 100% USA Certified Level 3 Coaches
- Concentration is on Skill Development
 - Power Skating
 - Stick Handling
 - Passing / Shooting
 - Defensive Checking
 - Goalie stations
- Maximum 25 player slots available
 - 1: 6 Coaches to Player Ratio
- Cost is only \$250 !!!
 - Open to the public (with at least House League experience)
 - Invite a friend
 - Capitals players get first preference
- Mark your Calendars and Plan your Spring Hockey Today!!!
 - Mites & Squirts Wednesdays Apr. 21 – Jun. 23 7:00 – 8:00pm
 - Pee Wees & Bantams Wednesdays Apr. 21 – Jun. 23 8:10 – 9:10pm
- Sign-up TODAY!!! Deadline for Payments is April 21st. NO REFUNDS!!

Name: _____

Address: _____

Phone: _____ DOB: _____

E-Mail: _____

Level: Circle One: Mite Squirt Pee Wee Bantam Midget

Make Checks Payable To: **CASH** or to **Palisades Ice Center**